



Team Functioning Scales – Team Tension

The Team Functioning Scale for Team Tension is a single-item measure of team conflict and tension, originally developed by Feinberg and colleagues (2007). This scale is designed to be administered to individual teams within the community Triple P coalition (e.g., coalition leadership teams, coalition implementation teams, agency leadership teams, agency implementation teams).

Response Scale:

1 = No tension, **2** = Not much tension, **3** = Some tension, **4** = A lot of tension

Scoring Instructions: A lower score represents less team tension; A higher score represents greater team tension.

1. Some teams have to deal with conflict and tension caused by differences of opinions, personality clashes, hidden agendas and power struggles. How much tension have you noticed in your team?

References

Feinberg, M. E., Chilenski, S. M., Greenberg, M. T., Spoth, R. L., & Redmond, C. (2007). Community and team member factors that influence the operations phase of local prevention teams: The PROSPER project. *Prevention Science: The Official Journal of the Society for Prevention Research*, 8, 214–226. doi: /10.1007/s11121-007-0069-2