### Meera Kumanan (00:00):

In addition to the background on Triple P rollout, this episode is also focused on equity. Can you share some ways North Carolina and Triple P are working with equity in mind?

# Sara van Driel (00:11):

North Carolina is looking hard at how we, you know, do more to figure out the demographics of families that, that we're touching to make sure we aren't leaving out sectors of the population. But North Carolina has also been collecting pre and post, you know, data for families that, that go through, you know, the program and, and they hit all the marks that statistical significance every, every year. The idea is that, that we know this works on a whole and we just want to make sure that as it rolls out with different workforce, with different families, you know, that practitioners are equipped and supported to make sure that, that it's working for the families they're serving. Because it's kinda like what Courtney says, it's, it's only as good as the community makes it, fits its needs as the practitioner makes, it fits the parents' needs as the parents able to utilize it with their individual kiddo or all just a little bit different.

### Meera Kumanan (01:00):

How do you see funding structures changing and adapting to better serve equity as they continue to fund public health projects more broadly?

### Gladys Hairston (01:08):

So I reached out to my grant contact at Triple P Wake, Ashley Lindsay, she serves as the Triple P Wake project coordinator to just get some updates. There are three main components of where Ashley and the great Triple P Wake team are deeply focused in building more momentum. Number one is reviewing the service delivery data. So far they're overlaying the highest opportunity areas identified within Wake and creating potential like targeted approaches for more impactful reach. Number two, they're continuing those peer support sessions. Those sessions focus on discussions related to equity that'll begin in this upcoming January 2022. And they're sharing learning opportunities that focus on equity with coalition partners. Equity continues to be a consistent discussion amongst those coalition agencies and she said the questions that they're asking include, what does this look like in your agency or practice? How are you examining your data to inform decisions related to equity and access? And then a third focus that they're having is partnership with other community efforts and coalitions that are also focused on removing barriers to access and that are working toward creating a healthy Wake County.

### Meera Kumanan (02:32):

That sounds like great progress from the on the ground work. What about internally at the John Rex Endowment? How have you fit into the larger context of equitably implementing Triple P?

## Gladys Hairston (02:44):

For the John Rex Endowment on the funder side of this work? I think progress toward centering race in the parenting support is vital to ensuring equity in this work. We also know there are some parenting practices that cut across all cultures family types and experiences. You know, how parents want their children to be safe and healthy and happy. However, we also know that there are some context to consider and that can hold true for other racial and or religious cultures and backgrounds. And so taking into consideration those contexts, I think is one of the ways that this Triple P Wake specifically and you know, Positive Parenting Program more generally is really doing a great job of building upon the foundation of what this program has been. I mean, it's one thing of course to take into the different

context that the parents that are being supported are in, but also the organizations providing the services, the different contexts that they're working in every day. Not just the organizations, but the people and those organizations, the actual service providers. Do those service providers feel that they have a support system of others who are also doing this?